

## ***Tampa Funcoast H&I Guest Speaker Guidelines***

**\*\*\*ONLY THE SPEAKER AND TAMPA FUNCOAST H&I MEMBERS MAY ATTEND THE MEETING. NO OTHERS MAY ATTEND.\*\*\***

- \* At least 1yr clean
- \* Do not glorify your past or talk about specific drugs
- \* limit/avoid war stories
- \* Try not to use profanity
- \* Share a clear NA message of recovery

Focus on how NA has helped you/changed your life/helped you recover.

- \* Please arrive at least 10 min before the start of the meeting.
- \* Do not share on social media about your volunteering or the facility.
- \* Bring only water, no other drinks or food.
- \* Dress appropriately- we are representing NA.
- \* Do not bring a purse or wear expensive jewelry.
- \* Don't show favoritism or bring messages to or from the facility.

Suggestion: Share your story or a topic ending 15 minutes before the end of the meeting, then 15 minutes Q & A. Refer to the panel leader for guidance.

FOR ONLINE Meetings (e.g., Zoom):

**\*\* Speakers need to be in a place with no one else in the room, without distraction or excess noise ... Treat the online meeting as if it were in person \*\***