

Narcotics Anonymous – Tampa Funcoast Area

H & I Panel Meeting Format

- 1. Introduce yourself:** My name is _____, and I am an addict. (All panel members as well)
Welcome to this Hospitals & Institutions Panel Presentation of Narcotics Anonymous. Let's open this meeting with a moment of silence, followed by the Serenity Prayer, for those who wish to join.

- 2. Read:** We are not affiliated with this institution (or with Zoom) in any way. They have only provided us with a meeting place. The ultimate goal of H & I is to carry the NA message of recovery to any addict whose attendance at regular meetings is restricted.
 “What is our message? Our message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.”
 Basic Text, pg. 68

- 3.** In keeping with the 1st Step and 1st Tradition of NA, when we identify, NA members usually refer to ourselves as “addicts.” This helps to emphasize how we are all similar, not how we are different.

- 4. Ask:** Is there anyone here attending their first H & I Presentation? If so, please state your first name only and identify. This is not to embarrass you, but ONLY so we can get to know you. (“Welcome” each person).

- 5. Most N.A. meetings open with the following readings.** Can someone please read...?

6. Call on people to read: (Each Panel Leader can decide which readings to use as may be appropriate in the specific facility or given time available)

- a. Who is an Addict?
- b. What is the Narcotics Anonymous Program?
- c. Why Are We Here?
- d. How It Works?
- e. The Twelve Traditions (Preamble & only Traditions 1,3,5,10, & 12)
- f. We Do Recover
- g. The Daily Meditation from the Just For Today Book.

7. Introduce the speaker or topic discussion.

***Speakers share (split time of approximately 30-40 min)

***Literature reading & discussion (sharing by panel members) Basic Text, Living Clean, IP, etc.

***Topic appropriate to Recovery (sharing by Panel members)

***Ask it Basket – pass paper/paper/pen. Ask clients for questions pertaining to recovery

8. Discussion. (approximately 15 min) at the end of speaker or topic discussion.

9. Read: Just For Today

10. Close meeting with moment of silence and the Serenity Prayer.

H & I Panel Tampa

Chairperson Format – 2/2024

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